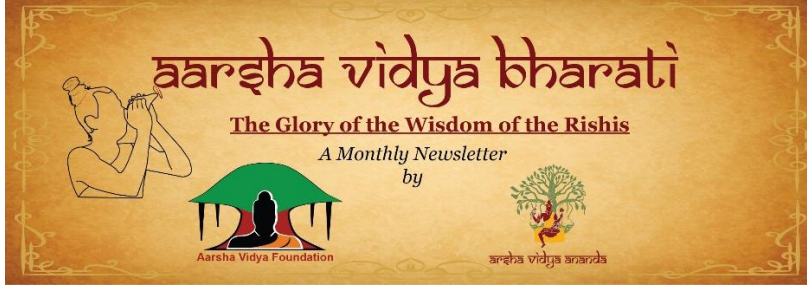
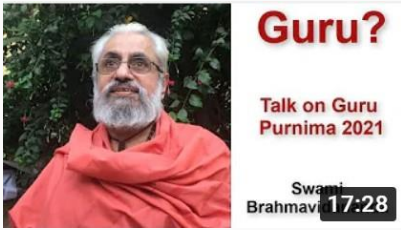

Aarsha Vidya Bharati - Aug 2021

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [Aug 2021 issue](#) or read any of the [articles](#).

Videos Published (August 2021)



Guru? (17min)

by **Swami Brahmananda**

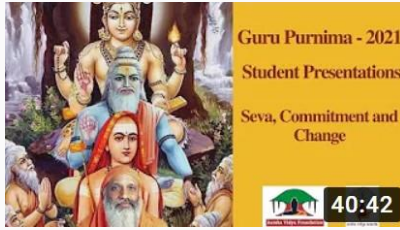
A lot is said about who a real guru is and who isn't? On the occasion of Guru Purnima 2021 Swami Brahmananda clarifies many misconceptions leading to what the shastra says.



Overcoming 4 obstacles in understanding Vedanta (21min)

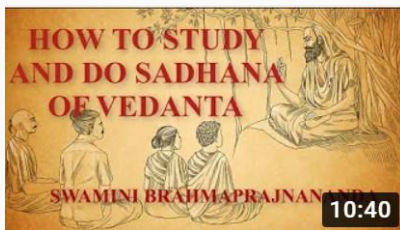
by **Swamini Brahmaprajnananda**

In this nuanced talk given on the occasion of Guru Purnima 2021, Swamini Brahmaprajnananda clarifies the right view on Viveka, Vairagya, emotions and self-mastery.



Student Presentations on Guru Purnima 2021 (41 min)

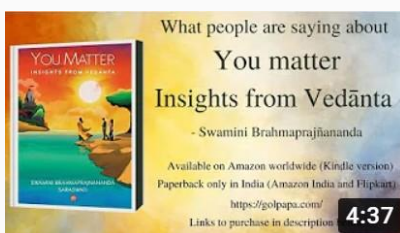
Some of the ways we express our gratitude to the Guru-shishya parampara is by doing seva, looking back on how Vedanta has changed our life and renewing our commitment to the learning.



How to study and do sadhana of Vedanta (11min)

by Swamini Brahmajnananda

The guru-shishya parampara which is our glorious heritage and blessings of the Rishis and gurus, is not only what has come to us from the past but it is being shaped by our actions and commitment of the present. Swamini Brahmajnananda unpacks the many aspects of sadhana and also offers some pointers for incorporating into your lifestyle.



You Matter - Insights from Vedanta | What readers are saying (5min)

A year after the book was released, You matter - Insights from Vedanta written by Swamini Brahmajnananda continues to move and inspire readers, some of whom speak in this video.

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