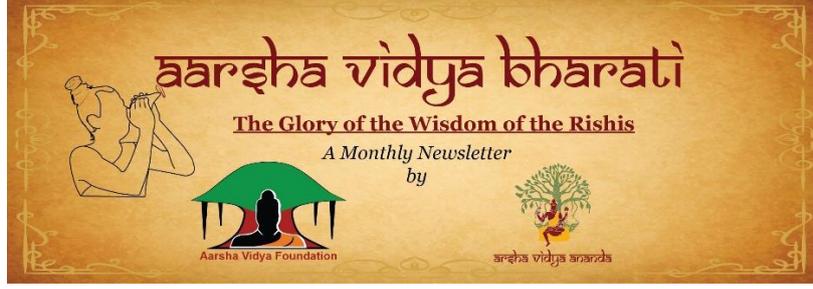

Aarsha Vidya Bharati - July 2021

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [July 2021 issue](#) or read any of the [articles](#).

SHINE - An Introduction

Spiritual Heritage of India for Next-gen Empowerment

Have you ever wondered how to answer the many questions your children/grandchildren often ask – “Why do we ring a bell in the temple? Who is *Hanumān*? Is he powerful than Superman? Why do a puja? Why do we wear sandal-paste on the forehead?” etc... and you just tell them don't ask too many questions. If these doubts are clarified in the early years, we can avoid lot of confusion.

While the education of children and all other skills can be outsourced to school and classes, character building for success can only be done by the family. Unlike other religions, being a Hindu does not mandate our children to attend compulsory religious classes. Then, what do we do? Simple.

We own up our Dharma as parents, to live and share the strength of the Indian Culture as we raise powerful global citizens. Hence, the SHINE program was set up to share the richness and practicality of the **Spiritual Heritage of India for Next-generation Empowerment**. SHINE by parents who are pursuing Vedānta at Arsha Vidya Ananda and hence understand the vision and the way of living of *Sanātana* Dharma

Visit our [page](#) and [channel](#) to get a glimpse of the resources. [Subscribe](#) to our newsletter to keep in touch.



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