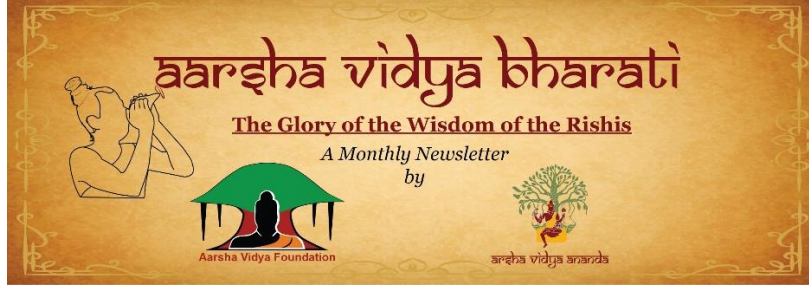

Aarsha Vidya Bharati - Nov 2021

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [Nov 2021 issue](#) or read any of the [articles](#).

Editorial

Our Deepavali comes alive when we light our deepas (lamps) of dharma to welcome *Bhagavān* Rama, the embodiment of dharma into our lives.

Deepas of Dharma don't require too much preparation or thought or much time.

We light a deepa of **appreciation** by complimenting our family members. Many times.

We light a deepa of **truthful, pleasant and helpful** speech in moments of confusion and despair. Many times.

We light a deepa of **kindness** by organizing a drive to collect books, clothes etc for donations. Many times.

We light a deepa of **knowledge** by gifting a course or books that spread the knowledge of Sanaatana dharma. Many times.

We light a deepa of **culture** by teaching children shlokas that have blessed generations.



We light a deepa of **uninterrupted time** to people around by not looking at our smartphone for a few hours. Many times.

We light a deepa of **responsibility** especially when we slack off more than required. We light a deepa of **hope** for the one who is not able to see the beauty and meaning of life. Many times.

We light a deepa or **mastery** by withdrawing from mindless media hype of consumption.

We light a deepa of **utility** that makes someone's life easier. Many times.

We light a deepa of **cheer** with support for the one who is yet to find a job.

We light a deepa of **offering** a loan or money for the person struggling with funds.

We light a deepa of **wisdom** by signing up for that Vedanta class or course or podcast or just spread the word. Many times.

Deepavali comes alive when we light our deepas of dharma, our deepas of appreciation, kindness, knowledge, culture, compassion, generosity one at a time. Many times.

Happy Deepavali!

Brahmavidananda
Brahmaprajnananda

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