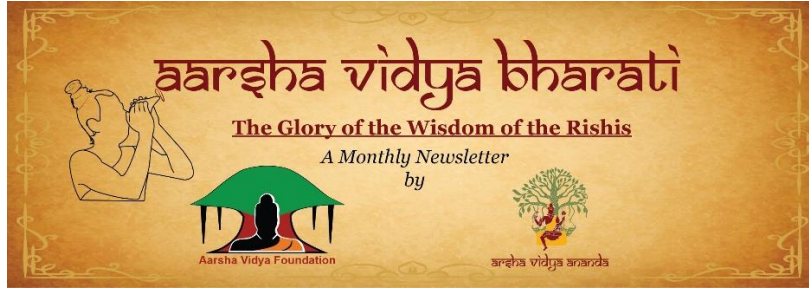

Aarsha Vidya Bharati - Nov 2021

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [Nov 2021 issue](#) or read any of the [articles](#).

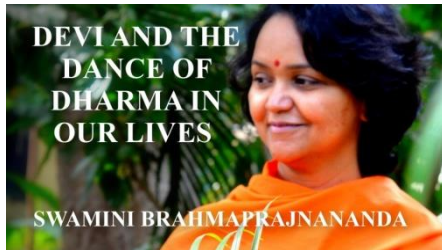
Videos published (October 2021)



1/11 Mahavakya Vichara (36min)

by Swami Brahmadevananda

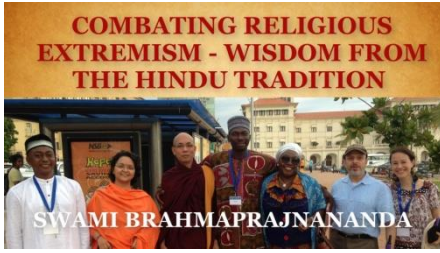
There are statements across Upanishads which reveal the obtaining identity of jiva, the individual and Ishvara, the total. How can we best understand this? Swamiji unfolds the human problem, and the solution in the form of the mahavakya across the Upanishads through an enquiry.



Devi and the Dance of Dharma in our lives (1hr 13min)

by Swamini Brahmajnananda

Drawing from the glorious conquest of Devi destroying Mahishasura (from Durga Saptashati) Swamini Brahmajnananda explores the implications of the victory of Dharma over adharma in our lives.



Combating religious extremism - Wisdom from the Hindu tradition (23min)

by Swamini Brahmaprajnananda

This talk was given as a part of an online panel by different faith leaders in the Asia Regional Consultation organised by the Christian Conference of Asia from 5th - 8th October 2021. The theme of the conference was 'Freedom of Religion and Constitutional guarantees in Asia' and Swamini Brahmaprajnananda was invited to offer a Hindu perspective.



How can Bhagavad Gita enrich modern psychology (21min)

by Swamini Brahmaprajnananda In this talk Swamini Brahmaprajnananda highlights six problem areas in Modern psychology and the solution to those areas through the wisdom of the Bhagavad Gita. The talk begins at 2.10 minutes. This online conference on 'Hinduism and Modern Psychology' was organised by Indic Academy in August 2021.



The A-Z of feeling good (49min)

by Swamini Brahmaprajnananda On the occasion of Vijayadashami celebrating the victory of Dharma over adharma, Swami Brahmaprajnananda emphasizes that 'feeling good' comes from doing good which is Dharma & Dharma makes everyone happy.

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