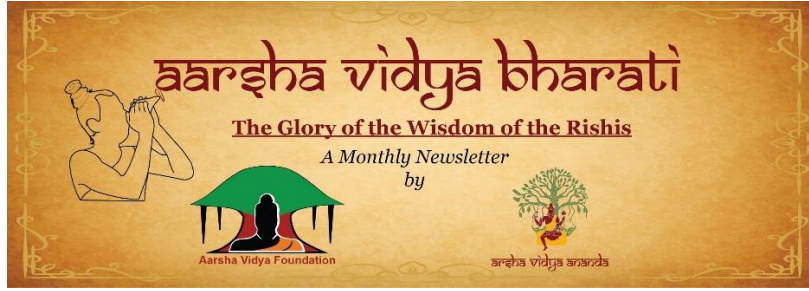

Aarsha Vidya Bharati - Jan 2022

Pausha - Magha 2078

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [Jan 2022 issue](#) or read any of the articles.

New year greetings to everyone.

A time to look back and look ahead.

Look back to take stock and learn.

Look ahead to plan and commit to your goals.

May everyone find a renewed commitment to the study of Vedanta and attain moksha. Keep it atleast as important as your other goals and priorities.

For the committed students, keep it as the ultimate priority in importance and time so you can get it along with a life of karmayoga. Once the gurukulam is ready it can give an additional fillip to the pursuit of moksha/fulfillment.

Swami Brahmavidananda

You

You read. The lens widens. You learn.

You listen. Biases drop. You learn.

You see. The fog clears. You learn.

You share. Warmth spreads. You learn.

You cry. The build-up clears. You learn.

You laugh. Lightness expands. You learn.

You speak. Connection happens. You learn.

You accept. Resistance drops. You learn.

You brood. The door opens. You learn.

You touch. Lives change. You learn.

You pray. Ishvara embraces. You learn.

You enquire. Sastra reveals. You learn.

You surrender. Blessing flows. You learn.

You live. You learn.

Y(o)u a(n)d M(e).

All is one.

Happy you in the New Year and always!.

Swamini Brahma-prajnananda

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