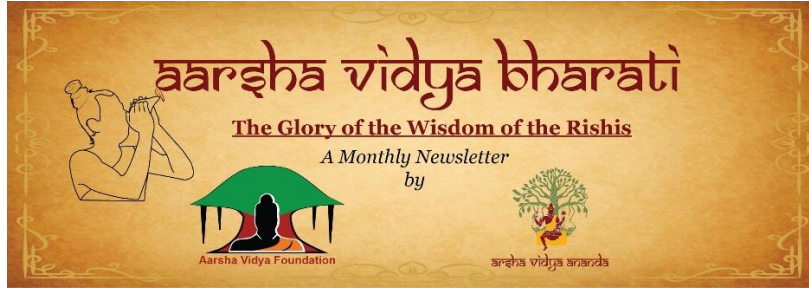


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# Aarsha Vidya Bharati - May 2022

Vaisakha - Jyestha 2079

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



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This is one of many articles from our monthly newsletter. Access the [May 2022 issue](#) or read any of [the articles](#).

## Editorial

More than a thousand years have passed since Jagadguru *Ādi Śaṅkarācārya* walked the sacred geography of Bharat, wrote and shone the light on the *Prasthānatraya* with his impeccable *bhāṣya*. His direct disciples recognized him as *Bhagavān* Shiva himself. While Totakacharya praises him saying '*Bhava eva Bhavān*' (You are Śiva himself), Sureshvaracharya writes, '*Tasmai Śaṅkarabhānave tanumanovāgbhir namasyatsada*' (Namaskar with body, mind and words to the glorious Sun of knowledge, Shankara). We celebrate Shankara Jayanti this month by renewing our commitment to contemplating on the *prasāda* of clarity as we revel in the Atma.

Akshaya Tertiya (3rd May this year) is considered the most auspicious day which has no *kshaya*, no decline, is a day for all auspicious beginnings with many associated stories. It is also a reminder to note that we are enough. There is gratitude in our lives and an openness to see the abundance that already exists. Sure, we can aspire for more but it does not come from a beggarly attitude of 'I don't have enough'. The resulting shanti paves the way for us to see the Atma that is I. Being limitless, Atma can never have any lack nor decline. It is Akshaya that is you.

With love and prayers,

Brahmavidananda

Brahmaprajnananda

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