
Aarsha Vidya Bharati - Jan 2022

Ashadha - Sravana 2079

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [July 2022 issue](#) or read any of [the articles](#).

Opening Words

It has been a year since we began this monthly newsletter - Aarsha Vidya Bharati, for all who revel in Brahma Vidya - the knowledge of the Rishis. Thank you to all of you who read, contributed and shared the different issues.

The purpose for new, interested people and for enrolled students continues to be—

- To offer insights into self-growth and self-discovery of oneself as Brahman.
- Inspire people to discover *moksha* as hidden priority of their lives and hence join classes, courses and events.
- Aid ongoing learning and assimilation of Vedanta
- Connect with the community (sangha)

We are happy to add another purpose which is to share updates on our gurukulam project. Since our fundraising program began in June 2022, a positive and encouraging 5% of the needed funds have been generously contributed by all of you. Thank you.

This month marks the celebration of Guru *Pūrṇimā*, a day that we honor and express our reverence to our gurus and the entire *paramparā*. Nowhere in the world does such a tradition exist. It is also the day to renew one's commitment to the learning and doing whatever it takes to be a worthy link in the *paramparā*. As our beloved guru, Pujya Swami Dayananda ji would say, 'That you came to me, was your *prārabdha*. What you do with it is your *puruṣārtha*'.

And so, what choice or commitment will we make this Guru *Pūrṇimā*, to contribute to the *paramparā*? ...is a question we leave you with.

Both of us will be speaking about Yoga and Vedanta at the [World Yoga Festival](#) in the UK from 28th - 31st July, Henley on Thames. Do share with interested family and friends.

Brahmavidananda
Brahmaprajnananda



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