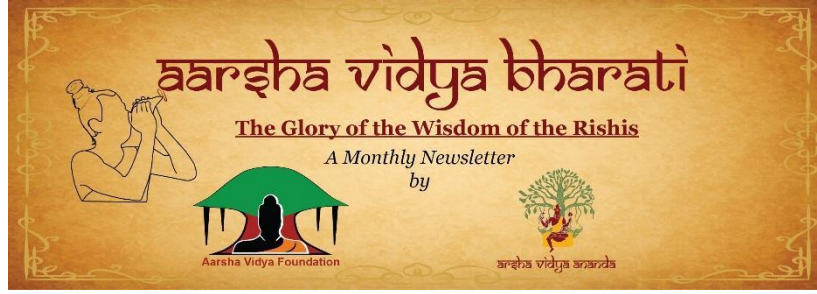

Aarsha Vidya Bharati - September 2024

Bhadrapada - Ashvina 2081

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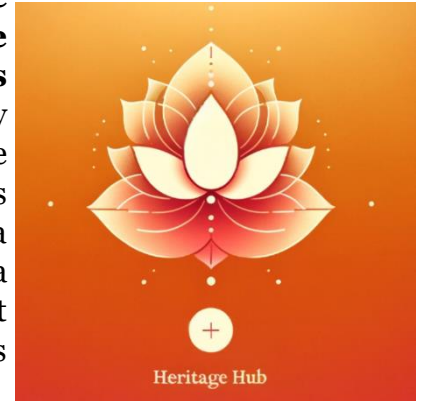
This is one of many articles from our monthly newsletter. Access the [sep 2024 issue](#) or read any of [the articles](#).

Heritage Hub

Hindu Quiz

Please scroll down to the end of this newsletter to see if you got the answer right.

Q) According to a legend, Sage Narada once persuaded Vayu, the God of Wind, to challenge the pride of Mount Meru and prove his supremacy. For an entire year, Vayu blew tirelessly against the mountain to destroy it, but his efforts were thwarted by Garuda, who protected the mountain with his mighty wings. However, when Garuda paused for a moment to rest, Vayu seized the opportunity to unleash a final powerful gust of wind, causing the summit of Mount Meru to crack and break off. What significant landmass did this fallen summit create?



[And the answer is....](#)

Sri Lanka

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