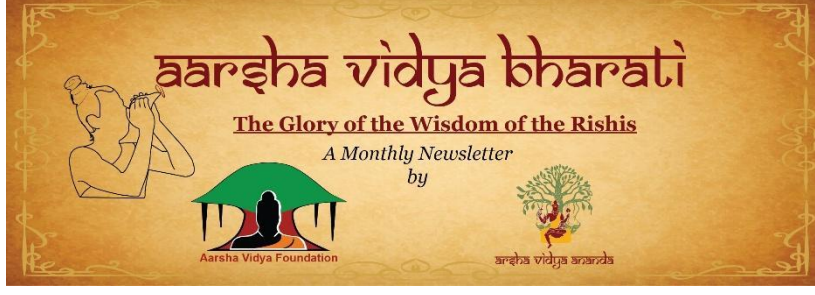


Aarsha Vidya Bharati - July 2024

Ashadha - Sravana 2081

A monthly newsletter that will bring you more happiness, more wisdom and more freedom





This is one of many articles from our monthly newsletter. Access the [July 2024 issue](#) or read any of [the articles](#).

New Course: Manoshakti – Mind Mastery with Meditations

मनः एव मनुष्याणां कारणं बन्धमोक्षयोः..
The mind alone is the cause
of both bondage and
liberation
Amritabindu Upanishad


Starting
16th July,
Tuesday 8 pm IST
Every Tuesday
From 16th July – 24th
December 2024



Swamini
Brahmaprajnananda
Vedanta Teacher,
Former Psychologist

लान्तशक्ति
लान्द लक्ष्मणु वान्द लक्ष्मणान्द

www.arshavidyananda.in



[Click here to learn more and register](#)

[Subscribe](#) | aarshavidyabharati@gmail.com | [Aarsha Vidya Foundation](#) | [Arsha Vidya Ananda](#) | [SHINE](#)