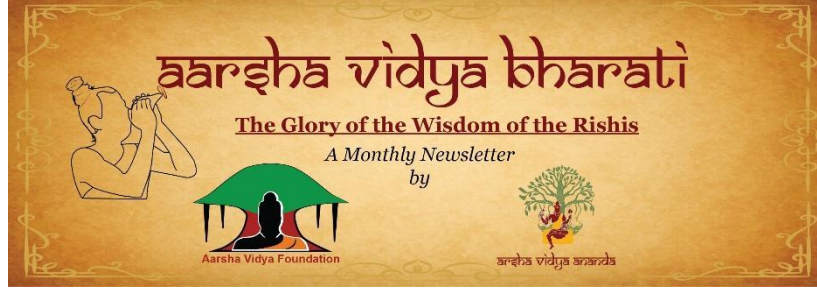

Aarsha Vidya Bharati - September 2024

Bhadrapada - Ashvina 2081

A monthly newsletter that will bring you more happiness, more wisdom and more freedom



This is one of many articles from our monthly newsletter. Access the [sep 2024 issue](#) or read any of [the articles](#).

Vedānta Sāra Course

Do you want to learn *Vedānta Sāra* with Swamini Brahma Prajnananda?

Vedānta Sāra (The Essence of *Vedānta*) is a complete text with 227 verses that unfolds

- The nature of the human problem,
- The qualifications for the study and *sādhanā* of *Vedānta*,
- The problem of *Adhyāsa*, projection on the *Ātmā* and its negation,
- Steps and *Sādhanā* for gaining the truth,
- Characteristics of a *Jivanmukta*.

The proposed class will be on Saturdays starting 12th October, 7 – 8 pm IST.

Eligible people are those who have exposure to the Bhagavad Gita (at least 2-4 chapters). This class may be considered an extension for students, who recently completed the Gita Amrtam course.

Interested people may write to swaminiji@arshavidyananda.in by 10th September.

This announcement is purely to assess level of interest and suitability of time. If sufficient people come forward, a final announcement will be made in the newsletter.

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